

Curriculum Vitae

KRISTIN W. HARMON, M.S.W., L.C.S.W.

ASU Box 32155 • Boone, NC 28608
828.262.6477 • harmonkw@appstate.edu

EDUCATION

M.S.W. 2013	Dept. of Social Work, Appalachian State University Individuals and Families Concentration	Boone, NC
B.S.W. 1994	Social Work Program, Appalachian State University Generalist Social Work Practice	Boone, NC

PROFESSIONAL LICENSURE & CERTIFICATION

- Clinical Supervisor Certification, *National Association of Social Workers, North Carolina*, 2020- present
- Licensed Clinical Social Worker (C009635), *NC Social Work Certification and Licensing Board*, 2015- present.
- Licensed Clinical Social Worker Assistant, *NC Social Work Certification and Licensing Board*, 2013-2015.
- Certified Clinical Trauma Professional, *International Association of Trauma Professionals*, 2019- 2020
- Individual and Group Crisis Intervention and Peer Support, *International Critical Incident Stress Foundation*. 2013- present

ACADEMIC APPOINTMENTS AND EXPERIENCE

2021- present	Senior Lecturer, Appalachian State University, Department of Social Work
2016-2021	Lecturer, Appalachian State University, Department of Social Work

TEACHING EXPERIENCE

Teaching Areas: Direct practice, introduction to social work, practice with individuals and families, social work in international contexts, interprofessional practice, field education

Course Development:

- Field Preparation and Professional Development- Developed this course to better prepare field students for their internship semester and to streamline the placement process for field. This course was developed in response to student and community agency feedback about lack of readiness and professionalism. This course was developed as a 1 credit hour course and was designed as an online course to allow for participation by on campus as well as distance students. Student readiness is assessed each semester and informal feedback from field agencies is collected and has been positive.
- Online Teaching Excellence Institute (OTEI)- Selected for OTEI to develop online course for SW4690 utilizing best practice strategies for effective online teaching. This online 4690 course will provide opportunities for expansion of the service area, greater flexibility for students in internships, and allows for greater assessment of student competency attainment. This course development was evaluated under strict guidelines to assure compliance with best practices identified by the Center for Academic Excellence. Participated in OTEI Fall 2020, initial class implementation Spring 2021.
- Trauma-Informed Practice- Co-development of a new interprofessional course to train undergraduate and graduate students from social work, nursing and public health. Course content includes knowledge about neurobiological impact of trauma, intervention strategies for clients who have experienced trauma, and the concept and implementation of trauma informed care in practice. Initial class taught Fall 2019.

Study Away and Study Abroad Courses:

- Co-developed and co-led interprofessional study away program to New York City. (2017 & 2019). This program involved students in social work and nursing programs within the Beaver College of Health Sciences. This program partnered with NYCares service organization to provide interprofessional and intercultural opportunities for learning. This program also involved cultural immersion opportunities within the diverse neighborhoods and peoples within the boroughs of

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New York City. This program was co-led by nursing and social work faculty to provide ample opportunity for interprofessional interaction.

- Co-developed and co-led Uganda in Context courses for undergraduate students in social work and public health as well as graduate students in social work within the Beaver College of Health Sciences. This program involved two 3-credit courses, one prior to travel as well as one in-country learning experiences. This program partnered with Youth Focus Africa Foundation (YOFAFO) which is an NGO in Uganda focused on women and children. This program allowed for cultural immersion, interprofessional practice, cross-cultural exploration, and the exploration of social, economic and environmental justice issues within Uganda with specific focus on needs in the small village of Kitoola.

BSW Courses

Appalachian State University, 2014-Present:

- Field Preparation and Professional Development
- Professional Social Work in Contemporary Society
- Basic Skills for the Social Work Profession
- Social Work Practice with Individuals and Families
- Senior Seminar: Issues and Ethics for Field and Profession
- Trauma-Informed Practice (interprofessional, dual listed course)

MSW Courses

Appalachian State University 2014-Present:

- Practice with Individuals and Families
- Advanced Social Work Practice with Families
- Advanced Social Work Practice with Adults
- Advanced Field Seminar
- Trauma-Informed Practice (interprofessional course)

COMMUNITY & PROFESSIONAL SERVICE

- Election Judge, *Watauga County Board of Elections*, 2020- present
- Facilitator, *Appalachian Regional Healthcare System, Resident Support Group*, 2020-2022
- Member, *High Country Crisis Support Team*, 2016- present
- Program Director, *High Country Crisis Support Team*, 2013-2016
- Member, *NC Law Enforcement Assistance Program*, 2013-2016

DEPARTMENTAL, COLLEGE & UNIVERSITY SERVICE

- Chair of the Social Work Department Community Building Committee, *Appalachian State University*, 2022- present
- Chairperson Search Committee Member, *Appalachian State University*, 2022
- Tevera Administrator/Implementation Team, *Appalachian State University*, 2022
- Interprofessional Education Leadership Fellow, *Appalachian State University*, AY 2020-2021
- Faculty Advisor for Graduate Student Social Work Association, *Appalachian State University*, 2020-2021
- Honors Thesis 2nd Reader for Makayla Pittman, *Appalachian State University*, 2020
- Faculty keynote speaker for MSW Hooding ceremony. *Appalachian state University, Dept. of Social Work*, 2019, 2020.
- Field Coordinator, *Appalachian State University, Dept. of Social Work*, 2019- present
- AdHoc committee member for Social Work Departmental Policies and Procedures, *Appalachian State University, Dept. of Social Work*, 2019- present
- Honors Thesis 2nd Reader for Nichole Annas *Appalachian State University*, 2018.
- Honors Thesis Outside Reader for Makayla Wylie, *Appalachian State University*, 2017.
- Faculty Mentor for Alternative Service Experience, *Appalachian State University*, 2017
- Comprehensive Assessment Tool for BSW/Foundation program and Individuals and Families Concentration development, implementation and training, *Appalachian State University, Dept. of Social Work*, 2018-2019.
- Faculty Advisor for Strong Ties Acapella Club, *Appalachian State University*, 2017-2019
- Field Committee, *Appalachian State University, Dept of Social Work*, 2016- present.
- MSW committee member, *Appalachian State University, Dept of Social Work*, 2016-2018.
- MSW sub committee member, Individuals and Family Concentration curriculum revision, *Appalachian State University, Dept of Social Work*, 2016.
- MSW sub committee member, Individuals and Family Concentration 2015 EPAS development, *Appalachian State University, Dept. of Social Work*, 2018.
- Evaluation Committee member, *Appalachian State University, Dept of Social Work*, 2018-2019.
- Table facilitator, *Appalachian State University, Beaver College of Health Sciences, Interprofessional Education event*, 2016.

PUBLICATIONS

- Fiske, E., Ashcraft, K., Hege, A., & **Harmon, K.** An interprofessional course on trauma-informed care. *Nurse Educator*, (2020, November).
- Reed-Ashcraft, K., Hege, A., Fiske, E., **Harmon, K.**, Glover, J. & Forliti, K. (2019). Addressing adverse childhood experiences, trauma, and resilience through interprofessional course development. *Journal of Interprofessional Care*.
- Wright, R.L., & **Harmon, K.W.** (2019). Challenges and recommendations for rural field education: A review of the social work literature. *Field Educator*, 9(2) .

Manuscripts in Preparation and Under Review

PRESENTATIONS

Academic Presentations:

- Fiske, E., Reed-Ashcraft, K., Hege, A., **Harmon, K.**, & Glover, J. (2020, March). *Development of an interprofessional course promoting trauma-informed practice and community resilience*. Presentation accepted at the Nursing Education Research Conference 2020, Washington, DC. (conference was cancelled due to COVID-19 pandemic)
- Reed-Ashcraft, K., Hege, A., **Harmon, K.W.**, Fiske, B., Glover, J., & Forliti, K. (2019, October) *One university's interprofessional response to support their ACEs' community initiative in Appalachia*. Workshop at the Council on Social Work Education, Denver, CO
- Hege, A., Reed-Ashcraft, K., Fiske, E., Glover, J. **Harmon, K.**, & Forliti, K. (2019b, November). *Development of an interprofessional course at a university in Appalachia: social work, public health, and nursing helping to support a community initiative focused on adverse childhood experiences*. Presentation accepted for American Public Health Association's Annual Meeting and Expo, Philadelphia, PA.
- Wright, R.L., **Harmon, K.W.**, Phillips, D., & Thorp, H. (2018, November). *Rural social work field education: A literature review of challenges and opportunities*. Poster presentation at the Council on Social Work Education, Orlando, FL.

Phillips, D., Wright, R.L., Kaplan, J. E., & **Harmon, K.W.** (2018, November). *Rural social work field education and IPE to address sustainability*. Workshop at the Council on Social Work Education, Orlando, FL.

Howell, M., Huffman, C., Lane, S., & **Harmon, K.W.** (2018, November). *Study away: Developing cultural competence, social justice awareness, and interprofessionalism*. Workshop at the Council on Social Work Education, Orlando, FL.

Selected Invited Community Presentations & Panels:

Harmon, K.W. (2019, December). *ACE's and trauma: Becoming a trauma informed healthcare organization*. Presentation for Senior Nursing Leadership with Appalachian Regional Healthcare System. Boone, NC.

Harmon, K.W. & Wright, R. L. (2019, March). *Rural social work field education: Challenges and opportunities*. Presentation for Appalachian State University, Dept. of Social Work, Social Work Talks series.

Harmon, K.W. (2019, January). *Managing difficult conversations*. Workshop with Watauga Medical Center Nursing Team Leaders. Boone, NC.

Harmon, K.W. (2018, June). *Effective conflict resolution*. Workshop with Watauga Medical Center New RN Graduates. Boone, NC

Harmon, K.W. (2016, June). *The importance of self care and professional boundaries*. Workshop at OASIS, Boone, NC

Harmon, K.W. (2015, November). *Effective team development and healthy communication*. Blue Ridge Ear, Nose, & Throat, Boone, NC

Harmon, K.W. (2014, February). *Navigating a multi-generational workforce*. Presentation to Town of Boone employees, Boone, NC.

SOCIAL WORK PRACTICE EXPERIENCE

Appalachian Regional Healthcare System

2013-2021

Clinical Social Worker

Boone, NC

Provide assessment, diagnosis and treatment for employees of the healthcare system as well as community members with persistent and chronic mental illness. Provide psychiatric crisis triage services for emergency patients in the healthcare system. Implement psychoeducational and support groups for patients admitted to behavioral health inpatient unit. Developed and provided leadership to regional Critical Incident Stress Management team.

Appalachian Regional Healthcare System

2008-2013

EAP Social Work Assistant

Boone, NC

Designed and implemented educational programs for healthcare system employees, community contract employees and community members. Maintained database of clients and community contracts.

Good Shepherd Hospice

2005-2008

Volunteer Manager

Sebring, FL

Recruited, trained, managed, and evaluated volunteer staff to provide services for hospice patients and their families. Provided community outreach educating community members regarding hospice services. Developed volunteer-led initiative for effective management of resources.

Good Shepherd Hospice

2003-2005

Patient and Family Counselor

Sebring, FL

Provided emotional support and concrete resource services for patients admitted to hospice services for end of life care and their families.

Watauga Medical Center

1994-2003

Medical Social Worker, Interim Dept. Director

Boone, NC

Assessment, treatment planning and brief intervention with patients in the acute care hospital. Support and referral to resources for chronic kidney dialysis treatment. Crisis management in the hospital emergency department. Adoption assistance/support in the birthing center. Interim leadership for the social work department. Community collaboration and resource development.

AWARDS AND GRANTS

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- Our Online Program Grant Recipient, *Appalachian State University, Center for Excellence in Teaching and Learning for Student Success*, Spring 2023
- Online Teaching Excellence Institute Recipient, *Appalachian State University, Center for Academic Excellence*, Fall 2020.
- Inaugural Interprofessional Education Leadership Fellow, *Appalachian State University, Beaver College of Health Sciences*, 2020-2021
- Outstanding Graduate Student Award, *Appalachian State University, Dept. of Social Work*, 2013
- Phi Alpha Honor Society, *Appalachian State University*, 2011-2013
- Chancellor’s List, *Appalachian State University*, 1993-1994
- Dean’s List, *Appalachian State University*, 1992

SELECTED TRAININGS

- Clinical Supervision, *National Association of Social Workers, North Carolina*, 2020
- Discovering cultural bias: An innovative methodology for understanding what students “really” believe. *Council on Social Work Education, APM*, 2018
- Teaching professional resilience in undergraduate social work education. *Council on Social Work Education, APM*, 2018
- Reconnect for resilience, *Ann DuPre Rogers, Asheville, NC*, 2017
- Implementing a trauma-informed approach in a rural social work program. *Council on Social Work Education, APM*, 2017
- Cultivating mindfulness: Facilitating thoughtful conversations on diversity in the field. *Council on Social Work Education, APM*, 2017
- Trauma Focused Cognitive Behavioral Therapy. *Medical University of South Carolina*, 2014

PROFESSIONAL MEMBERSHIPS

- National Association of Social Workers, 1994-2003, 2009-2010, 2017-present

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